QUICHE LORRAINE (HAM)

Quiche Lorraine (Ham)

17 Sep 2026

Dimensions: 120mm x 80mm x 30mm ▌ Serving Size: 195g ▌ Store at: Store refrigerated at 5??C or below ▌ Shelf Life: 7 days

Eat as is or heat up in microwave

Ingredients

Pastry (39%)(Flour, Water, Vegetable Shortening (Vegetable Oil, Antioxidants (319, 307), Emulsifier (471)), Pastry Relaxer (**MILK** Solids, Mineral Salts (450, 500), Salt, **SOY** Flour, **WHEAT** Flour, **WHEAT** Starch, Emulsifier (481), Preservative (223)), Unsalted Butter (from **MILK**)(Animal Fats, Water, Salt, Emulsifiers (471, 475), **SOY** Lecithin, Antioxidant (320), Flavour), Filling - Cheese (16%)(Pasteurised **MILK**, Salt, Enzyme

(Rennet), Starter Culture (Anticaking Agent), **EGG** (13%), Thickened Cream (13%)(Cream, **MILK** Solids, Thickener (1442), Stabilisers (460, 466, 452), Emulsifier (471)), Ham (9%)(Meat Including Pork (76%), Water, Salt, Tapioca Starch, Mineral Salt (451), Sugar, Antioxidant (316), Modified Starch (1442), Dextrose, Red Rice, Anticaking Agent (554), Fermented Rice, Sodium Nitrite (250), Color (120), **MILK** Powder (Whole **MILK**)(3%), Shallots (1%), Water, Salt Flossy (Sea Salt, Potassium Iodate), White Pepper, Ground Nutmeg, Col Fo (Modified Starch), Paprika

Allergens

Contains Egg, Contains Gluten, Contains Milk, Contains Soy, Contains Wheat, May contain Peanuts, May contain Sesame Seeds, May contain Tree Nuts

Country Of Origins

Made in Australia from local and imported ingredients

Nutrition Information

Servings per pack:		1
Approx. serving size (gm):		195
	Avg. qty per serving	Avg. qty per 100g
Energy (kj)	2457	1260
Protein (gm)	23.01	11.8
Fat -Total (gm)	42.71	21.9
Saturated (gm)	23.99	12.3

Carbohydrate (gm)	27.3	14
Sugars (gm)	1.17	0.6
Sodium	1279.2	656

Dietary Certified

Is Halal Certified	No
Is Kosher Certified	No
Is Gluten Free	No
Is GMO	No
Is Vegan	No

Disclaimer: Please note that all product specifications are subject to change at our discretion, and actual products received may vary to the information or image provided.

Allergen warning: Made in a facility that also uses Dairy, Nuts, Sesame, Eggs and Sulphites.